

COMMUNITY RESOURCES

Crisis / Help Lines:

Alberta Health Services Addictions Help Line 1-866-332-2322 (toll free 24/7)

For anyone with concerns about alcohol, drug use or gambling

Alberta Mental Health Crisis Line 1-877-303-2642

Bullying Help Line (24 hrs) 1-888-456-2323 or 780-422-5916

Support, information on bullying prevention and intervention, referrals to local counseling and prevention services, Online chat available daily from 12:00 pm to 8:00 pm

Child Abuse Hotline 1-800-387-5437 or 1-800-638-0715 (Crisis unit)

To report or get help for child abuse, neglect or safety concerns

Fairview Crossroads 780-835-2120 or 1-877-835-2120

Help for people in distress or concerned about a friend / family member

Family Violence Info Line 780-310-1818

Grande Prairie Youth Help Site

<http://www.gpyouth.ca/>

Health Link 811

Advice and information provided by a trained registered nurse

HIV / AIDS and Sexually Transmitted Disease Information 1-800-772-2437

Answered by a nurse Monday – Friday during business hours; otherwise, recorded information is provided

Integrated Crisis and Access Team (ICAT) 587-259-5513

Single point of access for children, youth & adults to Addiction and Mental Health supports

Kids Help Phone 1-888-668-6868 (up to age 20)

*Text **CONNECT** to 686868 to chat with a volunteer Crisis Responder 24/7*

Mental Health Help Line 1-877-303-2642

Information and referral

PACE Sexual Assault Help Line 780-539-6692 or 1-888-377-3223

Information and support for individuals who have been sexually abused or assaulted.

PACT Team *Mobile crisis response team to assess & stabilize mental health 911*

IF someone is at immediate risk and you need help, call the PACT team at 911

Abuse, Violence, Crime

Child and Family Services

Grande Prairie 780-538-5159 (24 hours)

Fairview 780-835-7191

Probation Office 780-538-5190

Rotary House 780-539-6777

Short-term housing for men, women & families

Victims Assistance

Beaverlodge 780-354-2349

Fairview 780-835-4557

Grande Prairie 780-830-5755

Support and referral for victims of crime and trauma. Contact through the RCMP in other areas.

Women's Shelters

Fairview Crossroads 780-835-2120 (24 hours)

Grande Prairie – Odyssey House 780-532-2672 (24 hours)

Shelter and support for women with or without children

Child & Youth Intervention Program 780-830-7094 or 587-297-0700

City on 99th

8:30-4:30 Monday-Friday (flexible appointments)

Provides parents and youth referrals to programs / services for individuals experiencing behaviors that may cause them to come into contact with the RCMP (substance abuse, running away, behavior issues, bullying, etc.)

Sunrise House Youth Emergency Shelter 780-539-3287

Provides emergency shelter to youth ages 12-17 who have become or are at-risk of becoming homeless.

Counselling supports

Adult Addiction and Mental Health Area Office 780-538-6330

Suite 300, 9728 Montrose Avenue, Adult Outpatient

Counselling – accessed through intake on Mondays, Tuesdays, Thursdays & Fridays (excluding holidays) from 1:30-3 pm. Youth Detox / PChAD Information)

Burden Bearers 780-539-5225

Family, couples or individual counselling

Canadian Mental Health Association 780-533-5524 780-814-2349

Information about mental illness, support groups, and referrals

Catholic Family Services 780-532-9381

Personal, couple or family counselling (sliding scale fee). Nondenominational.

Children's Addiction & Mental Health 780-538-5160

4th Floor Nordic Court, 10014 – 99 Street

Integrated Crisis and Access Team (ICAT) 587-259-5513

Single point of access for children, youth & adults to Addiction and Mental Health supports

Mental Health Services

Fairview 780-835-6149

Grande Prairie 587-538-5160 (for adults)

Services for the treatment of mental health issues. Advise them if it is urgent (i.e. suicide risk)

Native Counselling Services of Alberta 780-532-9359

Assists Aboriginal people in conflict with the law, children services or corrections. NCSA is committed to healing and reconciliation through legal education, research, training and communication

Programs & Supports:

Aboriginal Head Start 780-532-5771

Children ages 3-5. Culture and language, education, health promotion, nutrition, social support and parental involvement

AISH 1-866-477-8589 780-538-5579 780-833-4399

AISH provides financial and health benefits to eligible Albertans with a disability

COMMUNITY RESOURCES

Big Brothers & Big Sisters 780-532-0620

Offers a wide range of mentoring opportunities to meet the varied needs of children & their families

Breakfast Club 780-539-7142

Free program that offers weekend retreats for teens (13-17) and one-day workshops for 9-12 year olds who are struggling with stress or conflict, emotional or self-esteem issues or who are making poor decision and engaging in risky behaviors

Early Intervention Program 780-830-3517

For families concerned with their child's development and / or children at risk for developmental delays

Family Supports for Children with Severe Disabilities (FSCD) 780-538-5597

FCSD provides a wide range of family-centered supports & services designed to strengthen families' ability to promote their child's healthy development and encourage their child's participation in activities at home & in the community

Family and Community Support Services (FCSS)

Beaverlodge 780-354-2204

Clairmont Wellington Resource Centre 780-567-2843

County of Grande Prairie 780-532-9722

Fairview 780-835-5471

Grande Prairie 780-538-0380

Hythe 780-356-2000

Sexsmith 780-568-4345

Spirit River 780-864-3500

Wembley 780-766-2268

Home care, support, information & referrals

Gay, Lesbian Association of the Peace 780-513-1990

Through peer led support we aim to increase quality of life for everyone through better understanding of sexual diversity

Grief Support Association / Circle of Life 780-539-5432

Programs for children affected by loss

Healthy Families

Grande Prairie 780-830-0920

Beaverlodge 780-354-4183

Fairview 780-835-3997

COMMUNITY RESOURCES

Voluntary home visitation program offered to parents at no cost. Weekly visits are provided in the family home to provide families with information and support. The Healthy Families program is offered to families with children 0-12 years of age

Kids Klub 780-538-5162

Program for children aged 7-12 who have been affected by alcohol, drug use or family violence

John Howard Society 780-532-0373

Anger management programs for youth. Domestic violence programming for men and women

Metis Local 1990 780-538-9333

Provide services and supports to Metis families. Effective parenting and Teen development programs

PACE 780-539-6692

PACE which stands for Providing Assistance, Counseling, & Education provides a variety of services in the Grande Prairie community & area, including crisis intervention, family support, educational workshops, and counseling services involving sexual abuse, sexual assault, child abuse and trauma

Parent Link 780-882-8679

Provide services in parenting, early childhood development and care, family support, and access to community resources

PCHAD – Protection of Children Abusing Drugs 1-866-332-2322

Program offers a way for guardians to help children who will not seek treatment even though they are using alcohol or other drugs in a manner that is likely to harm themselves or others.

PDD (Persons with Developmental Disabilities) 780-538-5115

PDD funds programs and services to help adult Albertans with developmental disabilities to be a part of their communities and live as independently as possible

Pregnant & Parenting Teen Program 780-538-3854

Offers support, free services, and programming to local teens in need

Suicide Prevention Resource Centre 780-539-6680

The Suicide Prevention Resource Centre provides coordination, outreach, presentations, training, research and information, mental health promotion, referrals and services,

Youth Detox and Stabilization 780-538-5162

COMMUNITY RESOURCES

A voluntary program that helps youth safely detox and stabilize from use of alcohol, other drugs and/or gambling, while exploring treatment options.

Drop-In Centres / Centres:

Cool Aid Society 780-532-9004

Provides recreational, preventative and referral services for youth in grades 1 to 12 in the city of Grande Prairie.

Friendship Centre 780-532-5722

The Friendship Centre exists to administer and implement programs to meet the needs of Aboriginal people migrating to living in urban centers and at the same time bridging a cultural gap between the Aboriginal and non-Aboriginal community

Indoor Playground 780-538-1336

Enables children, newborn through Kindergarten, to interact and develop physical and social skills

Northern Addictions Centre 780-538-5210

11333 – 106 Street, Grande Prairie

Adult Detox and residential treatment programs for problems with alcohol, drugs or gambling. Information & support groups such as AA, NA, GA and Al-Anon

Hospitals, Health Centres:

Walmart Walk In Clinic	780-532-2332
College & Community Clinic	780-814-5800
Grande Prairie Health Unit	780-513-7500
Grande Prairie -Medical Clinic (Superstore) Clinic	780-533-4444
Primary Care Network	780-539-9204

Hospitals:

Beaverlodge	780-354-2136
Fairview	780-835-6100
Grande Prairie	780-538-7100*
Spirit River	780-864-3993

**Medical and psychiatric help for people in crisis*

